



*Thakur Educational Trust's (Regd.)*

**THAKUR COLLEGE OF SCIENCE & COMMERCE**

AUTONOMOUS COLLEGE AFFILIATED TO UNIVERSITY OF MUMBAI

NAAC Accredited with Grade 'A' (3<sup>rd</sup> Cycle) & ISO 9001: 2015 Certified

Best College Award by University of Mumbai for the Year 2018-2019

**tcsc**

CELEBRATING  
25 YEARS OF GLORY

**TCSC- Students & Staff Holistic Arise Program Expedition**

**TCSC SHAPE**

2022-23

Thakur College of Science & Commerce

**IQAC**

CRITERION VII

## TCSC- Students & Staff Holistic Arise Program Expedition (TCSC SHAPE)

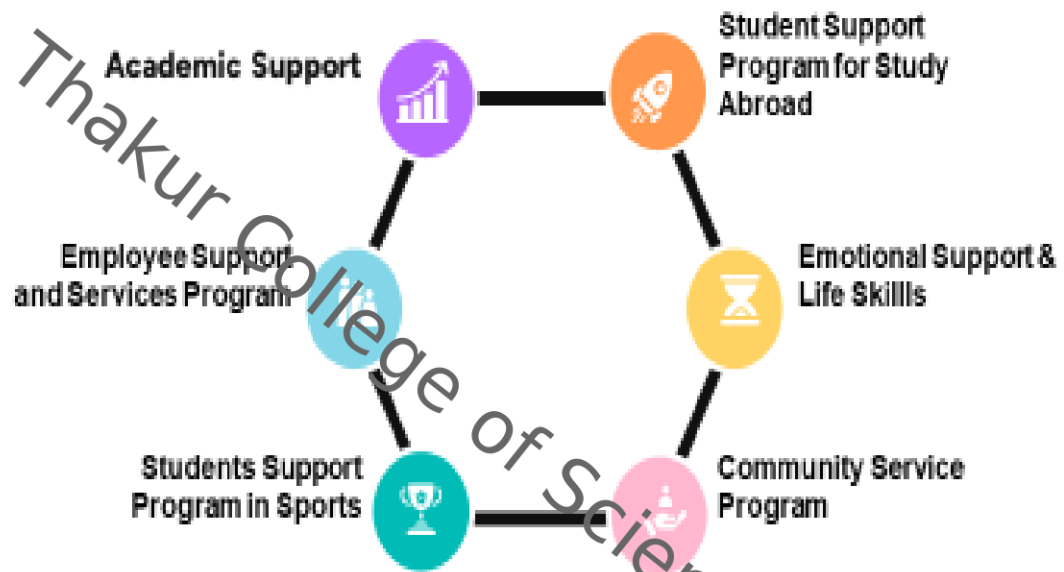
(Academic Year 2022-23)

SHAPE is a single window that provides a wide range of services to students. It includes a variety of components aimed at nurturing the intellectual, emotional, social, physical and creative aspects of students.

It includes:

1. **Academic Support** - It provides support to vernacular medium students in coping with the academics of the English medium programs. Special classes to understand and interpret the subject and conversations in English. Students are given special training to communicate in English, this assists them during placements and higher education. Various personality enhancement programs are organised throughout the year to groom students skills for employment prospects.
2. **Student Support Program for Study Abroad.** – The College has tie-ups with reputed Universities in Canada, U.S.A. and Australia for students higher education. This program allows students to study two years Undergraduate level in TCSC and graduation year at foreign Universities. The students are oriented about foreign education and career enhancement abroad.
3. **Emotional Support & Life Skills** – Counselling services, peer support groups and mental health resources to address emotional well-being. Guest Lectures and workshops are organised to address and strengthen emotional wellbeing of the students. Workshops on time management, financial literacy and career planning to prepare students for employment
4. **Community Service Program** – Volunteer opportunities service-learning projects and partnerships with local organisations to encourage civic responsibility and community involvement.
5. **Employee Support and Services Program** -TCSC Employee Co-operative Society is a registered society which is registered and functional since 2012. This co-operative society facilitates employees to save and invest their money for returns. Academic and non-academic staff members are members of this society, they can avail loans from the society for their immediate unforeseen needs at no collateral guarantee. The non-academic staff members find a sense of security with this program.
6. **Students Support Program in Sports** – The College takes keen interest to promote sports among the students. It provides ample facilities to nurture their sports enthusiasm into a career. Sports coaches of international repute are appointed by the college for training and coaching, Relaxation in attendance, Counselling sessions, Extra academic training, lunch and meals, jerseys for matches etc are a few support activities. The College has grown enormously in sports and stands 2<sup>nd</sup> at University of Mumbai championship since few years.

## TCSC SHAPE

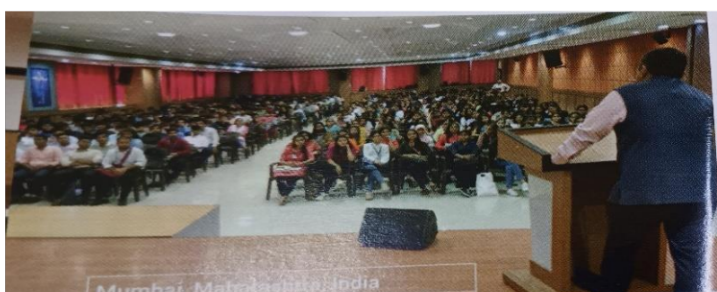


Thakur College of Science & Commerce

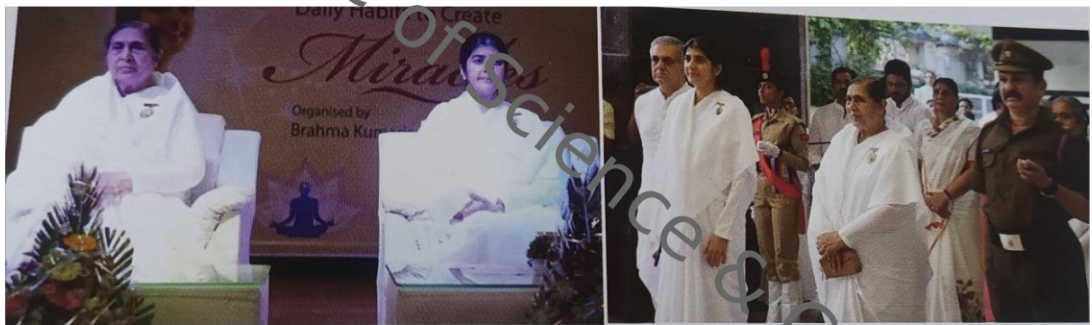
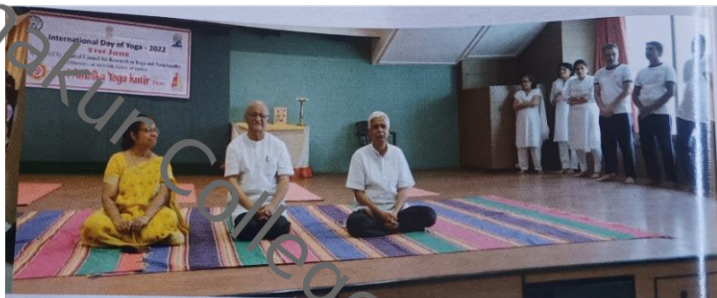
### Academic Support

Various personality enhancement programs were conducted throughout the year for Holistic development of the students and faculty members.

- i) Mr. Navin Chaudhary - author of book "**You are a Born Winner**" took a 30-hours extensive training program for all First Year students of Science, Commerce & Arts faculty (2200 students) motivating them to be positive and inculcating ethical values for their holistic development. Approximately 115 teachers were also groomed for the same.
- ii) Personality Development - All Third Year students were enrolled in personality development program by Global Talent Track (310 students) by Berkeley India. They were trained for leadership skills, interview preparation etc.
- iii) 42 no of career development sessions were organised across all departments in their respective domain throughout the year.
- iv) Faculty Development Program was organized,
  - a. "Flipped Classroom", on 9<sup>th</sup> June, 2022.
  - b. "NEP 2020 for Quality Education", from 9<sup>th</sup> to 16<sup>th</sup> August, 2022.
  - c. "Outcome Based Education", on 15<sup>th</sup> September, 2022 & 17<sup>th</sup> October, 2022.







### Student Support Program for Study Abroad

Rider University			
Sr. No.	Name of Learner	Email ID	Mobile No
1	Akshay Jagdish Tank	<a href="mailto:tankakshay7040@gmail.com">tankakshay7040@gmail.com</a>	9619638181
2	Dhriti Kamlesh Pandey	<a href="mailto:dhritipandey2003@gmail.com">dhritipandey2003@gmail.com</a>	8104213685
3	Franko Selvaraj Fernando	<a href="mailto:frankofdo72@gmail.com">frankofdo72@gmail.com</a>	8928023306
4	Lance Lobo	<a href="mailto:9892421158l@gmail.com">9892421158l@gmail.com</a>	7738341269
5	Shruti Balvant Deshmukh	<a href="mailto:shrutideshmukh1678@gmail.com">shrutideshmukh1678@gmail.com</a>	8779767707
6	Shruti Prashant Meher	<a href="mailto:shrumeher25@gmail.com">shrumeher25@gmail.com</a>	9970787930
7	Veyan Vishal Lingeria	<a href="mailto:lingeria@gmail.com">lingeria@gmail.com</a>	8356886317

Royal Roads			
Sr. No.	Name of Learner	Email ID	Mobile No
1	Aaditya Mitesh Agarwal	<a href="mailto:aadityaagarwal54441@gmail.com">aadityaagarwal54441@gmail.com</a>	9920138510
2	Adeeb Ali Shaikh	<a href="mailto:imadeebshaikh@gmail.com">imadeebshaikh@gmail.com</a>	7304080647

University of The Fraser Valley			
Sr. No.	Name of Learner	Email ID	Mobile No
1	Ayush Navnit Gokani	<a href="mailto:ayush.gokani123@gmail.com">ayush.gokani123@gmail.com</a>	8291949208
2	Dhruv Girish Shetty	<a href="mailto:shettydhruv43@gmail.com">shettydhruv43@gmail.com</a>	9326179470
3	Saakshi Ajay Singh	<a href="mailto:saakshi.singh04@gmail.com">saakshi.singh04@gmail.com</a>	9082192670
4	Sachi Saunshimath	<a href="mailto:2009sachivs@gmail.com">2009sachivs@gmail.com</a>	9372650368
5	Sanjana Vinod Kunnathully	<a href="mailto:sanjanavinod827@gmail.com">sanjanavinod827@gmail.com</a>	9665539074
6	Shayne Luis Vaz	<a href="mailto:vazshayne@gmail.com">vazshayne@gmail.com</a>	9820313671
7	Vyshnavi Prasannan Nair	<a href="mailto:nvyshnaviprasannan@gmail.com">nvyshnaviprasannan@gmail.com</a>	9136335853
8	Yana Shrestha	<a href="mailto:yanashrestha951@gmail.com">yanashrestha951@gmail.com</a>	932475868

### Emotional Support & Life Skills

Sr. No.	Name of Department	Name of Event	Date of Event	Resource Person	Designation	No. of Participants
1	Dept. of Commerce	A Guest Lecture on Success through Scriptures – Indian values	Tuesday, 12 July, 2022	Mr. Aditya Shastri	Modern Monk and Ed-Tech Manager	298
2	Dept. of BMS	Seminar on "Ethics in Social Media"	Wednesday, 13 July, 2022	Ms. Sangeeta Menon	Digital Marketing Trainer, Consultant & Strategist, IIDE, Mumbai	146
3	Dept. of Zoology	Positive in and Out	Saturday, 30 July, 2022	Mr. B.K. Srnidhi Bhai	Deputy Manager, Training and Development , Global Hospital Research Centre	490
4	Dept. of Chemistry	Rakshabandhan for fire fighter and police officers	Thursday, 11 August, 2022	Dr. S.D. Ajagekar	VP Science, TCSC	30
5	Dept. of BFM	Workshop on Value Education- on the topic, "Hack to Crack Toughest Exams in Life"	Saturday, 27 August, 2022	Mr. Vipul Agrawal	Deputy President at Axis Bank and Associate at 'Voice'- youth wing of ISKON	121
6	Dept. of Accountancy	A session on Value Education "How to heal from Painful loss or emotional distress?"	Tuesday, 6 September, 2022	Prabhu Pitvarna Nimaidas	International Preacher & Motivational Speaker- ISKON	201
7	Dept. of B. Sc Information Technology	Value Education	Thursday, 8 September, 2022	Shri DevShekhar Vishnu Das	ISKON	400
8	Dept. of BAF	Personality Development	Saturday, 10 September, 2022	Mrs. Sharmishta Ranade	Post Graduate in Advertising and Communication Management	86 (FYBAF)

					, SIBM Pune, Family Constellation Therapist, Internationally certified You can heal your life Coach, Leadership transformation facilitator	
9	Dept. of B. Com (Hons)	Value Based Education	Thursday, 22 September, 2022	Kamal Lochan Das	Vedic Scholar & President	200
10	Dept. of Commerce	Guest lecture on Hypertension in association with Glenmark Pharmaceuticals	Thursday, 22 September, 2022	Dr. Rajesh Advani	Renowned Physician	323
11	Dept. of Mathematics and Statistics	Guest Lecture on "Imperfections and it's acceptance"	Friday, 7 October, 2022	Mrs. Sujata Dev	Managing Director of Third Generation Mobile Pvt. Ltd.	169
12	Vivekananda Association	online Quiz Competition	Saturday, 8 October, 2022	Dr. Rakhi B	Chairperson, Vivekananda Asso.	73
13	Dept. of Law	Constitution Day Celebration, Reading of Preamble	Saturday, 26 November, 2022	Ms. Lata S	HOD, Dept. of Law	800
14	TCSC COLLEGE	YOGA Session	Thursday, 8 December, 2022	Centralized	Centralized	42
15	Dept. of BC	ANTI CORRUPTION ACTIVITY	Friday, 9 December, 2022	Ms. Rama Ray	HOD, Dept of BC	13
16	Students Council	Bhasha Divas	Monday, 12 December, 2022	Maushumi Pal- Judge	Founder and CEO Woodpecker Media	262
17	Dept. of Accountancy	A Value Education Session on Music Mantra - "Importance of Mantra & Therapy"	Tuesday, 13 December, 2022	Dr. Ruchi Shrivastava	Music Therapist & Mental Health Counselor	85

18	Dept. of BMS & M.Com Ecommerce	"Revocalising Indian Ethos in Modern Management"	Tuesday, 13 December, 2022	Mr. Aditya Shastri	Modern Monk, Lead Trainer, IIDE, Mumbai	179
19	Dept. of BBI	Physical and Mental Health	Tuesday, 17 January, 2023	Gaurav Pandey, Chandan Mishra and Nisha Bhageria	Alumni, Dept. of BBI	124
20	Dept. of Economics	Know Your Country (Quiz)	Monday, 30 January, 2023	Mr. Akash D	Faculty, TCSC	213
21	Dept. of BBI	GANDHI AUTOBIOGRAPHY EXAM	Tuesday, 31 January, 2023	Mr. Nirav Goda	Coordinator, Dept of BBI	224
22	Vivekananda Association	Story Enactment Competition on Swami Vivekananda	Friday, 24 February, 2023	Dr. Rakhi B	Chairperson, Vivekananda Asso.	87
23	Dept. of BC	ELDER ABUSE AWARENESS DRIVE	Tuesday, 28 February, 2023	Ms. Rama Ray	HOD, Dept of BC	8
24	WDC	documentary screening, Movie on Life of Kalpana Chawala	Friday, 3 March, 2023	Dr. Nita J	WDC Dept	93
25	Dept. of BBI	Dandi March	Wednesday, 22 March, 2023	Mr. Sanket Munot	Chief Co-ordinator, Jinhind People's Movement	74
26	Vivekananda Association	Book Exhibition	Wednesday, 13 September, 2023	Dr. Rakhi B	Chairperson, Vivekananda Asso.	College Students
27	Dept. of B.Sc CS	IMPETUS(Magazine)	Once in a Year	Mr. Mahesh Gurunani	Asst. Professor	14





## Community Service Program

### National Cadet Corps (NCC)

National Cadet Corps with the motto “**Unity and Discipline**” has been carving the social moral values of the cadets enrolled. The unit has been working for the last 21 years with the same ideology. This year the NCC cadets participated in many State and National Level Camps and were awarded certificates. The following activities were organized by the NCC Unit this year:

**Puneet Sagar Abhiyan** was the “**Beach Cleaning Event**” organized by the NCC Unit under the nationwide campaign to create awareness about cleanliness and its importance on 1<sup>st</sup> June, 2022 at **Aksa Beach**. **Fifteen cadets** participated in this event to clean the beach by removing plastic and other waste. A similar activity was also conducted on 2<sup>nd</sup> December, 2022 with approximately **120 Cadets** of three reputed colleges of Mumbai participating and collecting nearly **One Ton of garbage**.

A **Cycle Rally on World Bicycle Day** was organized by the **NCC Units of TCSC and Thakur College of Engineering and Technology (TCET)** in order to motivate people to use cycle as their preferred medium of transport on 3<sup>rd</sup> June, 2022. The rally created public awareness to encourage citizens to use bicycles for better health and the environment. A total of **25 NCC cadets** of TCSC and **4 cadets** of TCET participated in this event.

**International Yoga Day** was organized by **DG NCC** on 21<sup>st</sup> June, 2022 in the college premises. A total of **31 cadets** enthusiastically participated in this event on the occasion of International Yoga Day.

**Blood Donation Camp** was organized by **Amarkanth Jha Foundation, Mumbai** on 30<sup>th</sup> June, 2022. A total of **10 cadets** volunteered for this noble cause and assisted in crowd management and coordination. **Blood Donation Camp** was organized by TCSC on 18<sup>th</sup> and 19<sup>th</sup> July, 2022. The event turned out to be a great success as **252 Blood units** were collected. A total of **30 cadets** volunteered for this event.

**Tree Plantation** event was organized by **TCSC NSS and NCC units**, on 24<sup>th</sup> July 2022 at Manori. **5 boy cadets** of 3 Maharashtra battalion and **5 girl cadets** of 5 Maharashtra girls battalion participated in this event.

A **Tribute to the Indian Army** was organized by **Anam Prem**, a city-based NGO on 3<sup>rd</sup> September, 2022. **Thirteen NCC cadets** volunteered for this event and gave the **Guard of Honor** to the Chief Guest and **Shok Salami** to the martyrs to pay homage to the service personnel who made the supreme sacrifice for the nation.

**Beach Cleaning** event was organized by the unit at **Aksa Beach, Mumbai** to create awareness about the importance of cleanliness to the people visiting the beach. Cadets conducted this activity on 5<sup>th</sup> October, 2022 and **eleven cadets** participated in this project cleaning activity.

**Ganpati Immersion** was held in association with **Samta Nagar Police Station, Mumbai** on 9<sup>th</sup> September, 2022. A total of **30 cadets** were allotted different locations in groups for the smooth conduct of idol immersion and traffic management in the area.

On the occasion of **National Unity Day** and to commemorate **the birth anniversary of Sardar Vallabhbhai Patel**, the NCC Unit of Thakur college of Science and Commerce, Kandivali

organized the event “**Unity Run**”. A total of **22 boy cadets** of the 5 Maharashtra Girls Battalion NCC Unit along with **44 girl cadets** of 3 Maharashtra Boys Battalion NCC Unit and Caretaker Officer (CTO) participated in the Unity Run which was organized outside Mindspace Garden, Malad (West), Mumbai. The cadets carried posters displaying the values of **Rashtriya Ekta on 31<sup>st</sup> October, 2022**.

**Ex-Sea Vigil Training Exercise** was organized by 3 Mah Boys Bn NCC and 5 Mah Girls Bn NCC units on 15<sup>th</sup> and 16<sup>th</sup> November, 2022 to train the cadets to work in critical conditions like a terrorist attack or, any other dangerous or life-threatening situations. **Nineteen boy cadets** assisted the **Uttan Police and Coast Guard** while **23 girl cadets** assisted the **Mumbai Sagari-1 Mahim Police Station, Mahim Officers** in this exercise.

A total of **4 girl cadets** of Thakur College NCC Unit got the opportunity to attend the **Navy Week Celebrations** and attended the navy band event on 2<sup>nd</sup> December, 2022 held at the Gateway of India, Mumbai.

**Cycle Rally** was an initiative of the cadets which was organized in **Thakur Village, Kandivali, Mumbai** to spread awareness and to sensitize the citizens to quit using plastics. The rally was flagged off by Dr. (Mrs.) C.T. Chakraborty, Principal, TCSC on 24<sup>th</sup> December, 2022 and **41 cadets** participated in this rally.

**Army Day** was celebrated by the NCC cadets on 15<sup>th</sup> January, 2023. The Chief Guest for the event was **Lt. Col Rajesh Kapoor**. Cadets of the unit presented Guard of Honor to the Chief Guest. **Shok Salami** was also performed to pay condolences to the brave warriors who laid down their life for the motherland. Guards were commanded by **JUO Adarsh Singh**. This was followed by an enthusiastic talk by Lt. Col. Rajesh Kapoor who extensively interacted with the cadets. He shared his experiences in the army as well as academics which was highly motivating for the cadets. He also encouraged the cadets to believe in themselves and spoke about the significance of fitness, developing a positive attitude and sense of humor, teamwork and emotional quotient. A total of **130 cadets** representing two colleges participated in this event.

### **Students' Achievements:**

**Annual Competition** was organized to create a competitive spirit and the winners were:

- Best Cadet of the Year: **CSUO Krish Pandya**
- Best Performance: **SUO Tejas Desai**
- Best Drill: **CPL Sanjana Chauhan**
- Best Cross Country (Boys): **Cadet Sujal Renose**
- Best Cross Country (Girls): **CPL Sakshi Patel**

**CSUO Krish Pandya** got selected for **Thal Sainik Camp** held at New Delhi.

**CSUO Krish Pandya** got selected for **IGC- TSC** held at Ahmednagar.

**CPL Sanchit Renose** got selected for **IGC** held at Pune.

**SGT Raj Jadhav, CPL Ayush Pathak, LCPL Pradumnarayan Singh and LCPL Abhishek Ram** got selected for **Army Attachment Camp** held at Pune.

**CQMS Devanshu Jha** got selected for **Hospital Attachment Camp** and got the **Best Cadet Certificate** in Camp.

**SGT Abhishek Pal, CPL Sagar Menon and CPL Ayush Pathak** got selected for **Basic Leadership Camp**.

**SGT Abhishek Pal, CPL Sagar Menon and CPL Ayush Pathak** got selected for **Advance Leadership Camp**.

**SUO Tejas Desai** was praised for the **Best Command and Drill** by the battalion.

**Ex-cadets Dharmendra Yadav and Rahul Nirmal** are commissioned in the **Indian Army**.

### **National Service Scheme (NSS)**

The NSS unit of Thakur College of Science and Commerce formed in the year 2002 has been consciously striving towards enabling social transformation through its outreach projects for the year 2022-2023. A strong and dedicated team of **300 NSS Volunteers (180 Male and 120 Female)** undertook the following activities this year:

#### **Area Based Activities:**

**Tree Plantation and Conservation** (Venue: **Shri Gagangiri Maharaj Ashram, Manori**): For the past 15 years, the Ashram is adopted by the NSS Unit, where the project Tree Plantation and Conservation was initiated to support the on-going afforestation drive in the adjoining 75 acres of land. This year too, the volunteers visited the site every Sunday and conducted various activities to preserve and conserve nature, and supported the ashram in its upkeep and maintenance work. Volunteers carried out various tasks like planting saplings and trees, watering the plants, landscaping, beach cleaning, ashram cleaning and kitchen-related work. This year, a total of **1,110 saplings** and trees were planted by around **70 volunteers** every week for the entire year.

The NSS unit of TCSC in association with **Shri Gagangiri Maharaj Ashram, Manori** organized the mega fest of **Kojagiri Poornima** on 9<sup>th</sup> October, 2022. The volunteers helped the **30,000 devotees** visiting the ashram on this auspicious day by ensuring proper crowd control and management. As a part of the festivities, close to **2 lakh diyas** were lit representing the divine light by the **80 volunteers** who participated in this fest.

**Paper Bag Making and Distribution:** Under the “**Ban on Single Use Plastics**” initiative, the NSS Unit, TCSC conducted Paper Bag Distribution project activity in Thakur Village, Kandivali (East), Mumbai on **World Environment Day** on 5<sup>th</sup> June, 2022. A similar activity was organized during the month of October, 2022 also. The paper bags made by the **150 volunteers** were distributed to the local vendors and shopkeepers. The vendors and shopkeepers were explained about the negative impact of plastic usage on the environment and the NSS volunteers suggested various sustainable alternatives of plastics that can be used by them. A total of **15,000 paper bags** were distributed under this initiative free of cost.

**Medical Camp and Ration Distribution:** The NSS Unit in association with **Sri Sathya Sai Seva Samiti, Kandivali, Borivali and Dahisar** Mumbai organizes Medical Camp on second Sunday of every month since the last 12 years. The primary aim of this project is to provide free medical check-ups, medicines, and ration to the tribal villagers of **Vedhe and Kosbad** (the adopted villages of TCSC). With the dedicated team of Medical Practitioners and NSS volunteers, this year a total of **494 tribal villagers** were attended by the doctors and medicines were dispensed to them during the **12 Medical Camps** organized by the Unit. The NSS volunteers assisted the medical practitioners by keeping the records and documentation of the tribal patients.

The team also conducted “**Periodic Interactions**” with villagers on various topics like Health and Personal Hygiene, Sanitization, and other social issues. Awareness was created amongst the village women about Menstrual Hygiene by the Samiti Members along with the female NSS volunteers. The NSS volunteers also conducted “**Value Education Classes**” for the children in Kosbad village during the visits to instill moral values and principles for their holistic development.

In addition to the Medical Camps, Ration Kits and other necessities were also provided to the villagers to meet their day-to-day requirements. This year, a total of **694 Ration Kits** were distributed to the villagers. Around **2,000 kilograms of Lentils, 4,000 kilograms of Rice**, clothes and educational material were distributed during the year.

**Blood Donation Drives:** The NSS Unit, TCSC has been organizing blood donation camps and drives regularly over the past decade. This year, the unit had organized **Seven Blood Donation Drives** in collaboration with **HDFC Bank, Akhil Bharatiya Vidyarthi Parishad (ABVP), Akhil Bhartiya Terapanth Yuvak Parishad (ABTYP), Sri Sathya Sai Seva Samiti, Shri Sanjay Sai Sewa Organisation and Borivali Blood Bank** throughout the year. The drives were conducted at Thakur College of Science and Commerce, Nirmate Mohite Bagh, Borivali and Borivali Railway Station. The collected blood units were donated to the Borivali Blood Bank, Meenatai Thackrey Blood Bank and Rajiv Gandhi Blood Bank for the treatment of needy patients. The NSS Unit successfully collected **790 blood units** this year.

**Nirmalya Mukti Project:** This year as a part of the recycling of nirmalya (holy waste) the NSS Unit conducted “**Community Outreach Project**” in collaboration with **Om Sai Nirmalya Nirmulan Kendra** at Thakur Village and Goregaon, Mumbai. The learners met around **1,000 devotees** visiting the pandals and temples during Ganesh Festival and recorded their responses and created awareness about holy waste disposal. The Nirmalya collection will be executed this year under this comprehensive plan by collecting the holy waste from the respondents’ homes.

**Rakhi Project:** “Rakhi Project” of NSS Unit in collaboration with **Seva Vivek**, a Non-Profit Organization based at Palghar, took the initiative to provide financial assistance to the tribal women. They assisted these women by selling ‘Rakhis’ in the college campus from 5<sup>th</sup> to 14<sup>th</sup> August, 2022. The project was a huge success with an active participation of **74 volunteers** resulting in a substantial collection of **Rs. 9,265/-** being raised towards the NGO to help and empower the tribal women.

**Flash Mob during Ganesh Festival:** A Flash Mob on “No Plastic Movement” and **Nirmalya Mukti** was conducted on 3<sup>rd</sup> and 7<sup>th</sup> September, 2022. The flash mobs were performed in front of the Ganesh Pandals to sensitize the community about waste management and recycling of waste. A total of **45 volunteers** actively participated in the flash mob and impressed the audience with their vision.

**Coastal Clean-Up Drive:** Beach Cleanliness Drive in collaboration with **Sri Sathya Sai Seva Samiti, Kandivali, Borivali and Dahisar** was organized on 15<sup>th</sup> October, 2022. A total of **21 volunteers** collected around **200 Kgs waste** from the **Gorai beach** as a part of the **Swachh Bharat Abhiyaan of GoI**.

**Samarthan Project:** NSS Unit in association with **Prakruti Organization** worked with the victims of human trafficking to help them get back into mainstream life. A total of **30 volunteers** along with the victims learnt and worked together to make gift hampers consisting of coasters, tea bottles etc. from 13<sup>th</sup> to 28<sup>th</sup> December, 2022. A total of **750 hampers** consisting of **750 tea-bottles** and **1,500 coasters** were prepared by the members of Prakruti Organization along with NSS volunteers and were distributed to the patrons of Prakruti Organization.

**Book Binding Project:** A total of **200 books** were made by NSS volunteers under the Book Binding Project which were then donated to the needy children staying at **Vatsalya Ashram School, Vedhe Village, Talavli, Palghar Village**. The aim of the project was to recycle papers from old notebooks and practical journals and convert them into hard-bound notebooks for further usage. The book binding project was carried out from 16<sup>th</sup> to 21<sup>st</sup> December, 2022.

NSS Unit collaborated with “**For Future India (FFI)**”, a NGO for initiating a phenomenal **22 Beach Clean Up Drives**. “**Coastal Premier League**” was organized by **FFI and Mira Bhayandar Municipal Corporation** to inspire youth to take up coastal clean-up drives at Manori beach, Gorai beach, Mangroves of Bhayandar Creek and Velankanni Beach. A total of **14 Colleges** competed with each other to collect maximum quantity of waste from these beaches on Saturdays and Sundays for two hours each. TCSC’s NSS Unit actively participated in this activity with its **180 strong volunteer** team enthusiastically participating in the competition from November, 2022 till March, 2023. The collected waste was then sent for recycling by the organizers.

#### **College Level Activities:**

**International Yoga Day:** As a part of the International Yoga Day celebrations, **55 NSS volunteers** attended the Yoga session organized by the Unit on 21<sup>st</sup> June, 2022. The session was aimed at promoting yogic sciences and inculcating a habit of performing yoga asanas as a daily routine.

**Pulse Polio Campaign:** To accomplish the aim of making India Polio free, the Unit took an initiative of conducting Pulse Polio Immunization drives on 19<sup>th</sup> June and 18<sup>th</sup> September, 2022. The unit collaborated with **ESIS Hospital, Kandivali, Mumbai** for this campaign. The **40 volunteers** after getting due training from the doctors, undertook the campaign in **Akurli Hill Area, Kandivali, Mumbai**. This year, two campaigns were conducted and **1,736 children** were successfully immunized.



**NSS Day:** On the occasion of **53<sup>rd</sup> NSS Day**, the Unit celebrated this day with the children of **Montfort Children's Home**, Borivali, Mumbai on 24<sup>th</sup> September, 2022. Special memories, treats and games were the highlights during the special interaction with the children at this home. A total of **55 volunteers** enthusiastically participated in the celebrations.

**Crowd Control:** The NSS Volunteers have been dedicatedly working to manage and control the crowd during Festivals, College Events, College Annual Fests and other public events. A team of **75 volunteers** assisted the **Samata Nagar Traffic Police** at **Marve Beach and Thakur Village, Kandivali, Mumbai** in crowd management on 1<sup>st</sup>, 4<sup>th</sup>, 6<sup>th</sup> and 9<sup>th</sup> November, 2022.

**Measles, Mumps and Rubella (MMR) Awareness Rally:** NSS Unit in collaboration with **MCGM and ESIS Hospital, Kandivali, Mumbai** organized an awareness rally about MMR Vaccination for Measles, Mumps, Rubella and Varicella (Chickenpox). A total of **18 volunteers** joined hands to spread awareness in Thakur Village, Kandivali (East), Mumbai on 24<sup>th</sup> November, 2022.

**HIV/ AIDS Awareness Campaign:** AIDS Awareness Campaign was organized on 1<sup>st</sup> December, 2022 to mark the World HIV/ AIDS Day. A class-to-class campaign creating awareness about the disease, its stigma and social sensitization (treatment, care, and support) was conducted for all the learners of Degree College. The symbolic red ribbon was also given to all the faculty members.

**TATA Marathon:** **TATA Marathon** organized by **TATA SMILE Foundation** was conducted on 15<sup>th</sup> January, 2023. A total of **23 volunteers** participated in organizing the marathon at Azad Maidan, Mumbai.

**Dental Check-Up:** The unit in collaboration with **The Lions Club of Lokhandwala** had organized a free dental check-up camp in the TCSC College premise on 19<sup>th</sup> January, 2023. This activity aimed to promote the importance of oral hygiene and to create awareness about dental health among the people. A total of **46 participants** were attended by reputed Dentist **Dr. Mayank Garg**. Dr. Garg also explained the importance of following a daily dental regime to the participants.

**Compressions Only Life Support (COLS) Session:** The unit in collaboration with **The Lions Club of Lokhandwala** organized COLS Training Session where **48 volunteers** were given first aid training to be given during emergency medical situations. **Dr. Rajesh Rao, Dr. Yogen Bhatt, Dr. Amol Parikh, Dr. Shilpa Tiwaskar** and **Dr. Priti Kanojiya** from reputed hospitals of Mumbai joined for the cause to train the volunteers on 19<sup>th</sup> January, 2023.

**Appa Pada Relief Project:** The fire outbreak at Appa Pada, Malad, Mumbai on 13<sup>th</sup> March, 2023 engulfing around 3,000 hutments and rendering nearly 2,000 families homeless led to the unit planning a Post Disaster Relief Programme for them. The unit in collaboration with **Akhil Bharatiya Vidyarthi Parishad (ABVP)** and **MCGM** assisted the residents in clearing the debris caused by this devastating fire and undertook rehabilitation activities too. A total of **23 volunteers** participated in the project conducted on 16<sup>th</sup> and 17<sup>th</sup> March, 2023.

#### **University Level Projects:**

**Yog Utsav and University Celebrations:** The NSS unit volunteers participated in the **International Yoga Day Celebrations** with "Yog Utsav" in association with **Brahma**

**Kumaris Upvan, Borivali, Mumbai** on 19<sup>th</sup> June, 2022. The session was led by **Yog Acharya Pratishtha Ji** and **Brahma Kumari Divya Ji** who taught yoga asanas and breathing exercises. A team of volunteers also attended the week-long Yoga Sessions at Kalina Campus, University of Mumbai from 15<sup>th</sup> to 21<sup>st</sup> June, 2022 as a part of **International Yoga Day Celebrations**.

**Tiranga Rally at Kalina Campus:** TCSC NSS Unit volunteers participated in the Tiranga Rally organized by the University of Mumbai on 13<sup>th</sup> August, 2022. The aim of the rally was to instill patriotic fervor and promote “Har Ghar Tiranga” Campaign in the vicinity of university campus and nearby societies at Kalina, Mumbai.

**Planning Session of NSS Program Officers (POs):** TCSC NSS Unit in association with NSS Cell of University of Mumbai organized the “Planning Session of NSS Program Officers (POs)” on 24<sup>th</sup> August, 2022. **Ms. Kranti Ukey**, District Coordinator, Mumbai City, **Dr. Vijendra Shuklawat**, District Coordinator, Mumbai Suburban Zone I, **Mr. Sushil Shinde**, Additional Officer on Special Duty (OSD), NSS, University of Mumbai and District Coordinator, Mumbai Suburban Zone II, **Mr. Nikhil Karkhanis**, District Coordinator, Mumbai Suburban Zone III and **Mr. Ramesh Devkar**, NSS PO, University of Mumbai were present for this planning session. During the session, aspects related to enrollment procedures of volunteers, proforma preparation, annual accounts, scrutiny process, project selection and number of hours allocation to the projects etc. were discussed in detail. A total of **172 POs** from Mumbai City and from Suburban Colleges participated in this event. Felicitation of the District-level NSS Awards was organised during the session. NSS Volunteers, Program Officers, NSS Units and Principals of various colleges were felicitated with Certificates and Trophies.

**Bhajan Sandhya:** University of Mumbai organized Bhajan Sandhya at Gateway of India on the auspicious occasion of Gandhi Jayanti on 2<sup>nd</sup> October, 2022. The NSS Unit of Thakur College of Science and Commerce attended the Bhajan Sandhya. TCSC PO was felicitated for receiving the NSS National Award for the year 2020-2021, which was followed by the evening prayers and Swachha Bharat Pledge taken by all the people present over there.

**Leadership Training Camp (LTC):** LTC was organized at **Shri Gagangiri Maharaj Manori Ashram** from 31<sup>st</sup> October to 4<sup>th</sup> November, 2022 by the NSS Cell, University of Mumbai and conducted by TCSC NSS unit. The event saw a participation of **68 volunteers** from **35 colleges** across Mumbai Suburban Zone II. A team of **12 volunteers** from NSS Unit organized the event. **Mr. D. Carthigueane**, Regional Director, NSS, Ministry of Youth Affairs and Sports, GoI visited the camp and inspired the learners and boosted their morale.

**Y-Talks Summit:** The NSS Cell, University of Mumbai in collaboration with **Shri Narayan Guru College, Mumbai** conducted Youth Talks Summit where the volunteers from various Mumbai Colleges’ NSS Units participated on 22<sup>nd</sup> February, 2023. The summit hosted a wide range of workshops and activities which were aimed to discuss myriad issues of gender parity in an innovative manner. A total of **30 volunteers** participated in the summit.

**Yuvak Biradari:** The Unit participated in the **Punyatirtha Event** organized by **NMIMS, Vile Parle, Mumbai**. During the event, the **Yuvak Biradari** presented a performance that depicted the history of India over the past 5,000 years. The 2 hours performance was presented by 65

artists with the aim of rekindling the spirit of integrity and nationalism. TCSC Volunteers participated in the event and were enthralled by the moving performances on 12<sup>th</sup> March, 2023

**7-Days Residential Special Winter Camp** was organized from 21<sup>st</sup> to 27<sup>th</sup> December, 2022 at **Vatsalya Ashram School, Vedhe Village, Talavli, Palghar Village**. The pre-camp preparations were completed by the NSS Volunteers prior to the camp commencement. The 7-Day camp followed a fixed schedule including Yoga exercises, Morning Assembly, Flag Hoisting, Cleaning and Maintaining Camp Site, Field Work, Guest Lectures followed by Inter-group Activities and Dinner.

During the camp, **800 kilograms of clothes, toys and books** were distributed to the villagers. The volunteers helped the Ashram School to cultivate and grow the **“Kitchen Garden”** in the vicinity. A **Medical Check-Up Camp** was organized for the **450 children** who were screened by the doctors. A variety of interactive sessions on topics like Parental Love, Team Building, Sex Education, awareness about Snakes were also conducted. The camp saw a participation from **102 male and 62 female** volunteers and **2 POs**. College Management and Faculty Members also visited the camp site to boost the morale of the campers.

#### **Students' Achievements:**

**Priya Gupta** was selected for the **National Integration Camp (NIC)** held at University of Mumbai from 22<sup>nd</sup> to 28<sup>th</sup> May, 2022.

**Deepshikha Singh** and **Saksham Mishra** were selected for the **Pre-State Selections for National Republic Day (NRD) Camp** held at Shivaji University, Kolhapur from 28<sup>th</sup> to 30<sup>th</sup> September, 2022.

**Sachi Saunshimath** was selected for the **National Adventure Camp** held at **Atal Bihari Vajpayee Institute of Mountaineering & Allied Sports (ABVIMAS)**, Solang, Manali, Himachal Pradesh from 14<sup>th</sup> to 24<sup>th</sup> October, 2022.

**Deepshikha Singh** was selected for the **Pre-NRD Camp** held at Sardar Patel University, Anand, Gujarat. She further represented **TCSC NSS Unit** by marching on **Kartavya Path, New Delhi** on 26<sup>th</sup> January, 2023.

**Bhargavi Bhagat** and **Aadit Bind** were selected for the **AVHAN State Level Training Camp on Disaster Management** held at Kavayitri Bahinabai Chaudhary North Maharashtra University, Jalgaon from 19<sup>th</sup> to 29<sup>th</sup> December, 2022.

#### **The Regular NSS Awards:**

Best Leader: **Shashank Pandey, Deepshikha Singh**

Best Volunteers (2<sup>nd</sup> Year): **Aadit Bind, Ishita Singh**

Best Volunteers (1<sup>st</sup> Year): **Prashant Singh, Khushi Dutta**

Best Camper: **Surakshit Shetty, Ishita Singh**

Best Group in Camp: **Nirantar Group** (Group Leader: **Sudhanshu Jadhav**, Assistant Group Leader: **Neha Kumhar**)

### **Department of Lifelong Learning & Extension (DLLE)**

DLLE has been recognized as a statutory Department of the University of Mumbai since 1994 to promote a meaningful and sustained rapport between the Universities and the community. In the Academic Year 2022-23, a total of **302 learners** registered for various DLLE projects like **Annapurna Yojana (APY)**, **Survey of Women's Status (SWS)**, **Population Education Club (PEC)**, **National Institute of Open Schooling (NIOS)**, **Career Project (CP)** and **Industry Oriented Project (IOP)**.

A **Street Play** on the theme of “**Development of Education and Skill**” was organized on 18<sup>th</sup> August, 2022 at **BMC Park, Charkop, Mumbai**. The Street play enacted by **14 NIOS learners** depicted the need for promoting education and skill development for the growth of the nation.

Learners from **PEC** presented a **Street Play** on “**Jallianwala Bagh Massacre**” on 2<sup>nd</sup> September, 2022. The play aimed at sensitizing the community about an important chapter in the Indian's Independence history. The play was performed by **34 PEC learners** at **Evershine Millennium Park, Kandivali East, Mumbai**. Another **Street Play** demonstrated the “**Domestic Violence Against Men**” which was organized in the **TCSC Campus** by **34**

**PEC learners** on 23<sup>rd</sup> September, 2022. The play aimed to present the perspective of domestic violence against men in the society.

The “**First Term Training Program of DLLE**” was conducted by **Dr. Sujata Dhopte**, University Field Coordinator, DLLE, University of Mumbai on 24<sup>th</sup> September, 2022. The training aimed at orienting the **297 registered DLLE learners** about the DLLE's functioning and scope of activities under its various projects. The learners were also made to understand their important role as representatives of DLLE. The “**Second Term Training Program of DLLE**” was conducted on 1<sup>st</sup> March, 2023, in which **280 registered DLLE learners** participated. In this session, **Dr. Sujata Dhopte**, University Field Coordinator, DLLE, University of Mumbai guided the learners in detail about Project Writing which is an important aspect of the DLLE's documentation format.

A **Guest Lecture** on “**Design your Career**” was organized in association with **Inner Wheel Club of Bombay, Kandivali** for all the registered learners of DLLE on 30<sup>th</sup> September, 2022. The Resource Person **Ms. Anju Saini**, Founder, Career Success Coach, International Coaching Federation and Erickson Coaching International Certified Coach conducted the session. A total of **60 learners** attending this session were guided about the various career avenues and the need for career planning and skill development.

**Poster Making Competition** on “**Right Thinking**” was organized on 18<sup>th</sup> October, 2022 for **16 NIOS learners**. Learners submitted colorful presentations of their understanding of a positive mindset and its need in today's time. The visual representations exhibited the right-thinking approach and a right mindset to be successful in life.

The **NIOS learners** planned a series of **Street Plays** for community engagement and outreach. A **Street Play** on “**Human Rights & Gender**” was the theme of the play organized on 27<sup>th</sup> October, 2022 at **Growel's 101 Mall, Kandivali East, Mumbai**. The team of **16 NIOS learners** performed the play which aimed to spread awareness about equitable societies for all without any discrimination. On the theme of “**Women Empowerment**”, a **Street Play** was

performed at **Dream Park, Kandivali East, Mumbai** on 11<sup>th</sup> November, 2022. The play aimed at creating community consciousness about women empowerment and its impact on society, which was enacted by **20 NIOS learners**. The skit based on **“The Impact of Social Media on Children”** was enacted by **14 NIOS learners** in TCSC campus on 19<sup>th</sup> November, 2022. The Skit aimed to sensitize the learners about the impact of social media on the growth and behavior of the children in their growing up years.

A **Street Play** on **“Dowry”** was organized on 3<sup>rd</sup> December, 2022 at **Thakur Vidya Mandir School, Kandivali East, Mumbai**. A team of **12 PEC learners** performed the play on the impact of Dowry on the lives of the family members. **“Drug Addiction”** was the theme for the **Street Play** conducted on 5<sup>th</sup> December, 2022 which was performed at **Juhu Beach, Mumbai**. The **25 PEC learners** tried to spread awareness about the problems of drug addiction and its impact on human health.

On 9<sup>th</sup> December 2022, **Road Safety Awareness Drive** on **“Traffic Rules”** was conducted for all DLLE registered learners. In this program, **280 learners** participated and distributed road safety pamphlets designed as airplanes to convey the important message to adhere to traffic rules and safe driving. The project was undertaken at **Mahindra & Mahindra Circle, Western Express Highway, Mumbai**.

The **APY Learners** participated in **Slogan Making Competition** on **Child Labour, Plastic Free India, and Pollution and its effects** on 12<sup>th</sup> December, 2022. They also participated in **Poster Making Competition** on topics like **Save Food, Importance of Healthy Diet and Save Water** on 14<sup>th</sup> December, 2022. A total of **30 APY learners** actively participated in these thought provoking and creative activities.

A **Cooking Competition** titled **“Nutrifest – Healthy Recipes of Millets”** was organized on 21<sup>st</sup> January, 2023 for all DLLE registered learners. A total of **60 learners** exhibited their culinary skills while presenting their healthy millet-based recipes to the esteemed judges.

**“Udaan 2022-2023”**, the **Annual University Extension Work Festival** organized by University of Mumbai was held at **Thakur Shyamnarayan College, Kandivali, Mumbai** on 10<sup>th</sup> February, 2023. A strong contingent representing TCSC participated in a variety of activities like Creating Writing, Elocution and Poster Making.

**“Career Fair”** organized by **77 CP learners** on 24<sup>th</sup> February, 2023 witnessed the learners displaying their posters on various career avenues like Medicine, Pharmaceutical, Aeronautics, Data Science, Nursing, Biotechnology, CFA, Chartered Accountants, Ethical Hackers, Armed Forces, MBA and many more.

A **Food and Ration Distribution drive** was undertaken by **34 APY learners** on 4<sup>th</sup> March, 2023 at **Daya Vihar Ashram, Malad (West), Mumbai**. The learners distributed general supplies and snacks to the children staying in this ashram and spent quality time with them.

**Industrial visit** was organized for **Sixteen learners of IOP** on 9<sup>th</sup> March, 2023 at **Bhatia Group, Borivali, Mumbai**. The learners interacted with the premier real estate company's officials to understand the working of housing and real-estate business.



**Dhriti Shetty** secured 2<sup>nd</sup> place in Creative Writing Competition at Annual Extension work festival “UDAAN 2022-2023” organized by **University of Mumbai**.

**Community Service by other Departments**

Sr . N o.	Name of Department	Name of Event	Date of Event	No. of Participants	Resource Person	Designation
1	Dept. of EVS and FC	National Online Quiz Competition	Saturday , 4 June, 2022	188	Dr. Priti G	HOD, Dept of EVS & FC
2	Dept. of Zoology	Guest lecture on Climate Change and our Sustainability	Monday, 6 June, 2022	35	Dr. Prakash D. Raut	Former Head, Department of Environmental Science, Shivaji University, Kolhapur
3	Dept. of BBI	Ecological Restoration	Thursday , 16 June, 2022	100	Mr. Nirav G	Coordinator, Dept of BBI
4	Dept. of BAF	Tree Plantation Drive	Saturday , 18 June, 2022	150	Dr. N K Jha	VP, TCSC & Coordinator, Dept of BAF
5	Dept. of BAMMC	Beach Cleaning.	Saturday , 9 July, 2022	46	Khushiyaan Foundation	NGO
6	Dept. of EVS and FC	Guest Lecture - Why e-waste is biggest problem in 21st Century and how to solve it	Wednesday, 20 July, 2022	156	Mr. Omkar Ganu	Specialist, Karo Sambhav and an Ashoka Young Changemaker
7	Dept. of Zoology	Herpetofauna: Awareness	Wednesday, 20 July, 2022	26	Mr. Jagdish vakhale and Mr. Kerry D'souza	Faculty of Junior Biology College, TCSC

8	Dept. of Accountancy	Say No to Single Use Plastic	Monday, 25 July, 2022	1518	Dr. Manoj M	HOD, Dept. of Accountancy
9	Dept. of Mathematics and Statistics	Data Visualization on competition on 'Awareness of Rising Population and its Consequences'	Monday, 25 July, 2022	34	Ms. Anuradha H	HOD. Dept of Maths & Stats
10	Dept. of Zoology	Guest lecture on Man Wild Conflict	Friday, 29 July, 2022	75	Mr. Jaydeep Patil	Research Fellow, Wild Life Institute of India( WII), Dehradun
11	Dept. of EVS and FC	Poster Making Competition - Save Mother Earth	Saturday 30 July, 2022	113	Dr. Priti G	HOD, Dept of EVS & FC
12	Dept. of Zoology	Visit to SGNP	Sunday, 7 August, 2022	160	Dr. Vithal M	HOD, Dept of Zoology
13	Dept. of Zoology	Guest lecture on Mangrove its biodiversity and coastal wetlands	Friday, 26 August, 2022	46	Dr. Deepak Apte	Director, Shrusti foundation
14	Dept. of Zoology	Guest Lecture on Swachhata Abhiyan	Thursday, 15 September, 2022	290	Mrs. Rashmi Joshi	Environment Consultant
15	Dept. of Commerce	Silent Rally on Conservation and Protection of Environment	Tuesday, 20 September, 2022	210	Dr. Parul Singhal	HOD - Commerce

16	Dept. of BAF	NGO Wall Paintig	Monday, 26 September, 2022	12	Dr Nishikan t Jha	HOD, Dept of BAF, VP - TCSC
17	Dept. of Zoology	World Wildlife Week	Saturday , 1 October, 2022	60	Dr Deepak Apte	Director, Shruti foundation
18	Dept. of Mathematics and Statistics	Data Analysis competition on Awareness on Environmental Pollution and Hazards and its Consequences	Monday, 10 October, 2022	102	Ms. Anuradha H	HOD. Dept of Maths & Stats
19	Dept. of Economics	GD on "COP 27: United Nations Climate Change Conference "	Thursday , 8 December, 2022	193	Mr. Akash D	Faculty, TCSC
20	Students Council	Plastic free Campus	Thursday , 8 December, 2022	For All Learners & Faculty Members	Dr. Rakhi B	Chairperson, Student Council
21	Dept. of B. Com (Entrepreneurship)	Educational Trip” to Govardhan Eco-Village Retreat (Wada), Palghar	Friday, 9 December, 2022	21 S.Y.B.Com. (Entrepreneurship) learners & 23 F.Y.B.Com. (Entrepreneurship) Learners	Ms. Rakhi P	Coordinator Dept of B.Com Entrp.
22	Dept. of Zoology	India-US International Climate Change Conference on International	Friday, 13 January, 2023	307	Chief Guest was Dr. Randa Risk	Bronx Community College (BCC) of the City University of New York (CUNY) City College of New

		Conference on 'Impact Study of Climate Change and Air Quality for Sustainable Goals				York (CCNY) of the City University of New York (CUNY) And Indian Peninsular River Basin Council,
23	Dept. of Physics	study of ETHENO-BOTNICAL PLANT in Natural Habitat	Sunday, 15 January, 2023	30	Dr. Gitesh Padhye	HOD - Physics
24	Dept. of Botany	Botanical Visit to Keshavnprusti	Sunday, 22 January, 2023	121	Dr. C. P. Shukla Mr. Sushil Shinde	Head, Department of Botany Asst. Prof. Depat. of Botany
25	Dept. of Zoology	Two Days National Conference on Environment and Biodiversity (NCEB – 2023)	Friday, 27 January, 2023	145	Dr. A.D. Sawant	Former VC- Rajasthan University
26	Dept. of B. Sc (IT)	Awareness Campaign on CARRY YOUR OWN BOTTLE	Tuesday, 31 January, 2023	8000	Students of IT	Students
27	Dept. of EVS and FC	Paryavarn Mitravat - Takneekee vaad	Saturday, 11 February, 2023	150	Dr. Priti G	HOD, Dept of EVS & FC
28	Dept. of Biotechnology	Guest lecture on waste management	Saturday, 25 February, 2023	64	Dr. Sukhend u Ghosh	Ex. Scientist G Dept. of Nuclear Biotechnology, BARC & Research Consultant- Biotechnology

						& Biogas Industry
29	Dept. of BIM	Tree Platanation Drive	Saturday , 25 March, 2023	15	Abhijit Ray	Coordinator, Dept of BIM
30	Dept. of Computer Science	Quiz Competition Based on Environmental issues	Tuesday, 18 April, 2023	125	Ms. Riddhi Mishra & Ms. Siddhi Birwadkar	Asst.Professor, TCSC
31	Dept. of BFM	E-Content Based Quiz Activity on the topic-Forgotten Rivers of Mumbai	Wednesday, 19 April, 2023	120	Dr. Rashmi S	Coordinator, Dept of BFM
32	Dept. of EVS and FC	Beach cleaning drive	All throughout the year	Learners from science and commerce participated in the events	Dr. Priti G	HOD, Dept of EVS & FC
33	Dept. of EVS and FC	E-Waste Recycling	All throughout the year	Learners from science and commerce participated in the events	Dr. Priti G	HOD, Dept of EVS & FC
34	Dept. of EVS and FC	Plastic Awareness Drive	All throughout the year	For All Learners & Faculty Members	Dr. Priti G	HOD, Dept of EVS & FC



## Employee Support and Services Program

<b>TCSC EMPLOYEES CO-OP CREDIT SOCIETY LTD</b>		
Thakur College of Science & Commerce		
Thakur Village, Kandivali (East), Mumbai - 400 101.		
<b>LIST OF LOAN AS ON 31ST MARCH 2023</b>		
<b>SR NO.</b>	<b>NAME</b>	<b>AMOUNT</b>
1	Ajay Omkar Sharma	262500.00
2	Amit Kumar Ram	438750.00
3	Amit Nayak	205000.00
4	Aparna Deshmukh -Loan	425312.00
5	Arjun Pandhare	462500.00
6	Ashish Kr Singh Peon -Loan	400000.00
7	DEVENDRA WAGHELA	398500.00
8	Ghanshyam J Hande	77500.00
9	GULAB NIBARD-LOAN	155400.00
10	JANARDHAN SHARMA -LOAN	200440.00
11	Jitendra Choubey -Loan	170000.00
12	JIYA LAL HARIJAN	247500.00
13	Mahendra Kumar Jaiswal	262500.00
14	MANOJ KUMAR -LOAN	200000.00
15	Mohan Jaiswar	600000.00
16	Nagaraju Kavalali -Laon	160000.00
17	Nitin Kadam	192500.00
18	Nitin Kamble (Loan)	340000.00
19	Om Prakash Yadav	200000.00
20	Omparkash Sharma Loan	277500.00
21	ONKAR SINGH	270000.00
22	PASALE SHARAD KESHAV LOAN	25000.00
23	Prachi Kamat Loan	160000.00
24	Pramod Mishra	200000.00
25	Prashant Nare	300000.00
26	Pravin Gaikwad -Loan	280000.00
27	Rajeshree Chaturvedi -Loan	400000.00
28	RAM AWADH RAM	485000.00
29	Ramesh Singh	292490.00
30	Rituparna Choudhary Loan	262500.00
31	Sachin B.Sharma - Peon	400000.00
32	Sachin Shelar - Loan	120000.00
33	SADANAND GHORPADE	97500.00
34	SANJAY J SINGH-LOAN	161000.00
35	SATISH ARJUN SINGH	300000.00
36	S D AJAGEKAR -LOAN	595503.00
37	Seema Sawant	200000.00
38	SHILA SATISH PATEL-LOAN	1425000.00
39	Shilpa Verma -Loan	462500.00
40	Shruti Papaiya -Loan	146250.00
41	Shukhlal M.Chittle-Peon	306250.00
42	Sitaram Varma	37500.00
43	Subhas Jaiswar	170000.00
44	SUHAS MASAVKAR -LOAN	200000.00
45	Sunil D Sawant - Loan	200000.00
46	UMESH SINGH	255000.00
47	Vanshika More	277500.00
48	Vasudev Balagavas	247500.00
49	Vijay Pratap Singh- Loan	262500.00
50	VIJAY Raju PATIL	300000.00
51	Vipin G. Shukla	200000.00
	<b>TOTAL</b>	<b>14634895.00</b>

## Students Support Program in Sports

### **Sports**

The College Gymkhana facilitates the needs of students who play Indoor games like Martial Arts, Judo, Carrom, Chess, Boxing, etc. whereas a Large stadium with viewing gallery and other infrastructural facilities provide an ideal ambience for outdoor games like Cricket, Football, Volleyball, Throwball, Kabaddi, Basketball, etc.

The College also provides Table Tennis, Chess & Carrom Area in the Gymkhana. Also a Separate Cricket, Football, Volleyball & Basketball grounds for the players, to ensure all the sport can be played without any interruption. TCSC also has well-equipped facilities for Sports like Martial Arts, Boxing & Kick-Boxing. Apart from Feeships & Prizes instituted for outstanding performances in Sports, Sports students are usually given benefit of relaxation in Admission standards too.

### **Sports Being Played**

Cricket	Chess	Badminton
Football	Carrom	Athletics
Boxing	Tug of War	Wrestling
Martial Arts	Chess Boxing	Half Marathon
Basketball	Judo	Taekwondo
Volleyball	Archery	Yoga
Table Tennis	Lawn Tennis	Weightlifting
Cycling	Shooting	Handball
Powerlifting	Best Physique	Kabaddi

### **Grounds Available**

<b>Sr. No.</b>	<b>Name of Sport</b>	<b>Grounds/Courts</b>
1	Cricket	4
2	Football	2
3	Volleyball	2
4	Kabaddi	1
5	Basketball	1
6	Indoor Games Arena	2

### **Cricket/Football Stadium and International Standard Multi-Sport Facility**

Thakur Cricket Stadium ground has two pitches which are actively used & its outfield has patches of green grass and red soil. The ground has lush green outfield with 60-to-65-yard boundary and natural turf wicket. Thakur stadium cricket ground is one of the best grounds in Kandivali area which provides

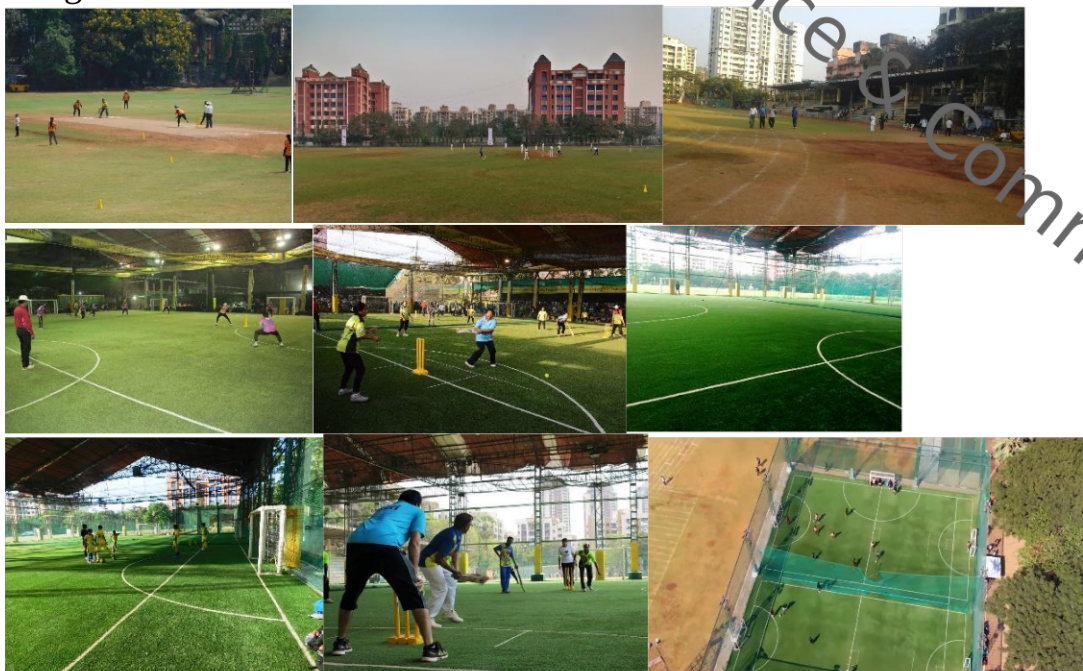
international standard multi-sport facility. It is having sitting area where 500 to 600 people can sit and enjoy the sports events. Ample parking space toilet, drinking water facilities are available within the stadium area. Care taker staff cottage are also available.

The entire stadium area is covered with full boundary wall. The boundary is short only on side of the pitch which is straight. Stand side boundary is quite long. Proper white marking for 30 yards is clearly visible. Ground is available on rent for both leather as well as tennis ball. Ground is also available for night matches. Thakur Cricket Stadium Turf, a unique international standard multi-sport facility that has been set up at Thakur Stadium. While they have prepared two artificial football pitches, Thakur Cricket Stadium Turf will offer the best possible training facilities for football, cricket, volleyball, and tennis. Football academies provide coaching at the turf.

Specifications of Turf area:

- TURF TYPE: FIFA Approved AstroTurf
- GROUND SIZE: 90 ft x 60 ft GOAL
- POST SIZE: 6 ft x 8 ft
- PREFERRED FORMAT: 5-A-Side
- PREFERRED STUDS: Any studs except Metal blade studs excepted
- Facilities: Open ground With Flood Lights Washroom Available Drinking water.

Images





## **Sports Annual Report 2022-2023**

Sports Students are usually given relaxation in admission standard, apart from Freeships, Prizes are instituted for outstanding performance in sports at Intercollegiate, State, National and International Levels. Our students have been giving outstanding performance.

### **INDIVIDUAL AND TEAM PERFORMANCES**

#### **UNIVERSITY INTER-ZONAL TOURNAMENTS**

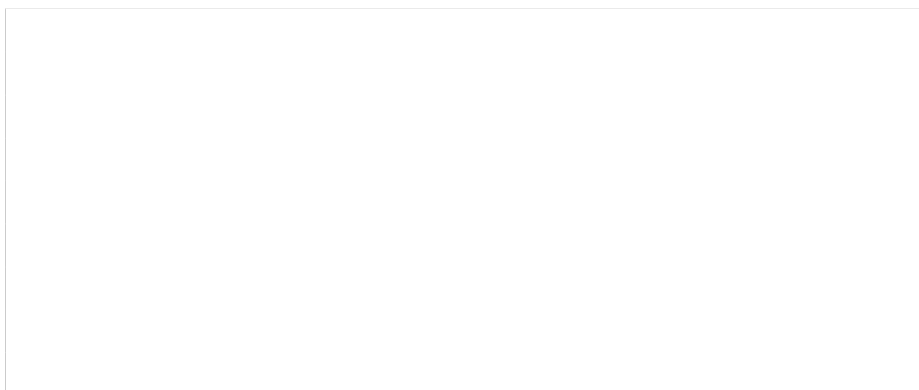
##### **Sports Name: JUDO**



**Date: 22<sup>ND</sup> SEPT 2022**

- **Name of participants:**

- Ritesh Gupta,
- Aniket Gupta,
- Rohan Singh,
- Shubham Rana,
- Saqlain Shaikh,
- Sriraj Nair,
- Swayam Singh,
- Saniya Shaikh,
- Fatima Khan,
- Purva Karekar
- Deepa Upadhyay.



**Sports Name: Taekwondo**



**DATE : 26<sup>TH</sup> SEPT 2022**

**Name of Participants:**

- Mandi More
- Saqlain Shaikh
- Gaurav Chandel
- Piyush Gupta
- Niraj Yadav
- Nikhil Singh
- Babita Yadav
- Jiya Sehgal
- Archana Sharma
- Aliya Ansari

**Sports Name: VOLLYEBALL**

**DATE : 9<sup>TH</sup> DEC 2022**

**Name of participants:**



- PRANAV PANDEY
- HARSH SINGH
- NIKHIL MISHRA
- AARYESH SINGH
- RAHUL NAULA
- ARYAN SINGH
- MASHOOQUE MOHAMMED
- ADITYA BHARTI
- AKASH YADAV
- ANSH TRIPATHI

- GAURAV SINGH
- TYAGRAJ PILLAI

**Sports Name: HANDBALL(WOMEN)**

**DATE :29<sup>TH</sup> NOVEMBER2022**

**Name of participants:**

- VARSHA CHOBISEA
- KESHAR

SHIROKAR



- DEEPA UPADHYAYA
- SANIYA SHAIKH
- PURVA KAREKAR
- ADITI JOSHI
- MEETALI BANE
- RADHA YADAV
- AMEE JOSHI

**Sports Name: HANDBALL(MEN)**

**DATE : 17<sup>th</sup> December 2022**

**Name of participants:**

- ASHISH Prajapati



- IRFANANSARI
- SHIVAANSHAGARWAL
- IMITYAZANSARI
- AMITGAUTAM
- KUNALHUKRUL
- SURESHYADAV
- NILESH YADAV
- SAURABHMISHRA
- JOHNSILVA
- FRANKSURGAR

**Sports Name: BASKETBAL**

**DATE :15<sup>th</sup> November 2022**



**Name of participants:**

- VARSHA CHOBISA
- KESHAR SHIRODKAR
- DEEPA UPADHYAY
- SANIYA SHAIKH
- PURVA KAREKAR
- ADITI JOSHI
- MEETALI BANE
- RADHA YADAV
- AMEE JOSHI

**Sports Name: FOOTBALL**



**DATE :4<sup>TH</sup> JANUARY 2023**

**Name of participants:**

- HARAN BALSUBRAMAIAN



- ANANT GADEKAR
- ROUL ALMEIDA
- MIIT ADEKAR
- NOLEN PINTO
- ADITYA WAGHELA
- ATHAR AHMED ANSARI
- KRISH KAUSHIK
- SIDDHANT CHAVAN
- JAY SURYAVANSHI
- YASH SANKHE
- JOHNSON MATHEWS
- JOY BANERJEE
- SHIVANSH RAO
- SAURABH NIKAM
- DHANESH SHETTY
- SHERWIN PEREIRA
- ASHLEY KOLI
- PRATHAMESH PHULE
- SOURABH MISHRA

**Sports Name: YOGA**

**DATE :3<sup>RD</sup> DECEMBER 2022**

**Name of participants:**

- Rajnandini Kanojiya
- Amisha kumari Mishra
- Akshaykumar Gupta





Arvind Pal

- Akash Yadav
- Piyush Singh
- Aditya Singh
- Ayush Pathak.
- Pooja Yadav
- Riddhi Chaube
- Tanisha Rawat
- Juhi Singh

**Sports Name: CRICKET(MENS)**

**DATE :17<sup>TH</sup> FEBURARY 2023**

**Name of participants:**

- Omkar Ghule
- Manan Jhatakiya



- Rahul Kesari
- Dev Patel
- Saurabh Singh
- Siddhesh Jhadav
- Sunny Tambe
- Akash Mishra
- Jay Chougule

- Aryan Badhe
- Yash Pandey
- Saurav More
- Tanmay Modle
- Abhishek Joshi
- Aditya Santra
- Varun Rao

**Sports Name:BOXING (MEN&WOMEN)**



**DATE :14<sup>TH</sup> NOV 2022**

**Name of participants:**

- SHIVAM VISHWAKARMA
- PRATHAMESH KHANDAGALE
- RANJANA RAJBHAR
- NIKHIL DUBEY
- ANITA GUPTA
- JHANVI CHURI
- AMAN YADAV
- PRADYUMN SHETTY
- ARSHAN QURESHI
- ROMI SINGH
- SRUSHTI GAWANDI



- DEVANSHU JHA
- ANIKET PATIL
- PANKAJ PANDEY
- SURAJ PAL
- ABHISHEK YADAV
- PRANESH PHANSE



**University of Mumbai**  
Thakur Educational Trust's (Regd.)  
**THAKUR COLLEGE OF SCIENCE & COMMERCE**  
AUTONOMOUS COLLEGE PERMANENTLY AFFILIATED TO UNIVERSITY OF MUMBAI  
NAAC Accredited Grade 'A' (3<sup>rd</sup> Cycle) & ISO 9001: 2015 (Certified)  
Best College Awarded By University Of Mumbai For The Year 2018-2019



*Welcomes You*

## INTER-ZONAL BOXING CHAMPIONSHIP



**MEN & WOMEN**

**18 19 20**

November 2022



**-: Venue :-**  
Thakur college of science & Commerce, Kandivali (East) Mumbai - 400101

**Organised By :- Thakur College Of Science & Commerce**

**Sports Name: BADMINTON**

**DATE :13<sup>TH</sup> SEPT 2022**

**Name of participants:**

- Aditya Pandey
- ARJUN SURESH
- SARANSH GAJBHIYE
- ADITI PAWAR
- SHWETA PATHAK
- VARSHA PANDEY

- KIRTI SHARMA
- VIRAJ KUVALE
- TANISHQ SAXENA
- LAKSHYA CHAUHAN



**Sports Name: TABLE TENNIS**

**DATE :22<sup>ND</sup> AUGUST 2022**

**Name of participants:**

- ARNAV KARNAVAR
- FARHAN BHARWANI
- APOORVA SHAH
- ARYA KUVADIYA
- VARDAN SHRIVAST



ARNAV KARNAVAR

**Sports Name: CHESS**



**DATE :24<sup>TH</sup> AUG 2022**

**Name of participants:**

- ADITYA BANDEKAR
- ANCHIT MISHRA
- ADITYA PADIYAR
- DEEPAK PANDEY
- MANAS POOJARY



ANCHIT MISHRA

**Sports Name: BODY BUILDING**

**DATE :13<sup>TH</sup> JAN 2023**

**Name of participants:**

- NIKHIL RANE
- GAURESH NARVEKAR



**Sports Name: WEIGHT LIFTING**

**DATE :3<sup>RD</sup> OCT 2022**

**Name of participants:**

- ASHOK KUMAR GUPTA



**Sports Name: SWIMMING**

**DATE :17<sup>TH</sup> SEPT 2022**

**Name of participants:**

- DAYITA BANGERA
- MANAS CHORGE
- RAGHAV MISHRA
- SARAG MENON



**Sports Name: HOCKEY**

**DATE :8<sup>TH</sup> DEC 2022**

**Name of participants:**

- ABHITA. A . S



ABHITHA IS A STATE AND NATIONAL HOCKEY PLAYER  
SHE HAVE PARTICIPATED IN SNBP ALL INDIA TOURNAMENT AND WON  
BRONZE MEDAL.

SELECTED FOR HOCKEY INDIA SENIOR NATIONALS HELD AT ANDHRA  
PRADESH.

University of mumbai west zone particapate

**Sports Name: WRESTLING**

**DATE :20<sup>TH</sup> OCTOBER 2022**

**Name of participants:**

1. SARVODAY DEBAJE
2. KAMTYA PAWAR
3. JUGAL SAW
4. SAQLAIN SHAIKH



**Sports Name: KABADDI**

**DATE :11<sup>TH</sup> NOVEMBER 2022**

**Name of participants:**



- TANISHQ PAWAR
- PRASAD BARTAKKE
- SAHIL GHADGE
- ROHIT ATIGRE
- IRFAN ANSARI
- TUSHAR BHOITE
- TEJAS GAIKWAD
- ANIKET KUMBHAR
- SANCHIT RENOSE
- MEHUL PANDAM
- NITISH KUMAR YADAV
- BHARAT KARAN GUTKAR

**INDIVIDUAL PERFORMANCE OF DEGREE STUDENTS**

**YOGA**

1. **Mishra Amisha:** Won A Gold Medal In Mumbai University Zone 2  
She also won a bronze medal in the zonals
2. **Yadav Pooja :** Won A Gold Medal In Mumbai University Zone 2  
She also won a bronze medal in the zonals
3. **ChaubeRiddhi :** Won A Gold Medal In Mumbai University Zone 2  
She also won a bronze medal in the zonals
4. **KanojiyaRajnandini :** Won A Gold Medal In Mumbai University Zone 2  
She also won a bronze medal in the zonals  
She was also a Participant for All India Inter university
5. **Singh Aditya :** Won A Gold Medal In Mumbai University Zone 2  
He also won a Silver medal in the zonals



6. **Yadav Akash**: Won A Gold Medal In Mumbai University Zone 2  
He also won a bronze medal in the zonals  
He was also a Participant for All India Inter University
7. **Pal Arvind** :Won A Gold Medal In Mumbai University Zone 2  
He also won a bronze medal in the zonals  
He was also a Participant for All India Inter University.
8. **Singh Piyush** :Won A Gold Medal In Mumbai University Zone 2
9. **Pathak Ayush** :Won A Gold Medal In Mumbai University Zone 2  
He also won a bronze medal in the zonals
10. **Akshay Kumar Gupta**:- Won Silver Medal At University Zonal .

### **SWIMMING :**

1. **DayitaBangera**: Won A Silver Medal In Mumbai University Zone 2
2. **Manas chogre** : Won A bronze Medal In Mumbai University Zone 2
3. **Sagar menon**:- Won A bronze Medal In Mumbai University Zone 2

### **FOOTBALL:**

1. **Raul Almeida** :Won A Gold Medal In Mumbai University Zone  
He was also a Participant for All India Inter university
2. **Athar Ansari** :Won A Gold Medal In Mumbai University Zone
3. He was also a Participant for All India Inter university
4. **Soham Vast** :Won A Gold Medal In Mumbai University Zone
5. **ShivanshRao** :Won A Gold Medal In Mumbai University Zone  
He was also a Participant for All India Inter university
6. **Aditya Waghela** :Won A Gold Medal In Mumbai University Zone  
He was also a Participant for All India Inter university
7. **Krish Kaushik**: Won A Gold Medal In Mumbai University Zone  
He was also a Participant for All India Inter university
8. **Siddhant Chavan** :Won A Gold Medal In Mumbai University Zone  
He was also a Participant for All India Inter university
9. **JOHNSON MATHEWS**:- PARTICIPANT AT SANTOSH TROPHY  
PARTICIPANT IN LEAGUE 2

### **BOXING:**

1. **NIKHIL DUBEY**:- WON GOLD MEDAL AT 36TH NATIONAL GAMES ORGANISED IN GUJRAT , WON GOLD IN

SENIOR STATE, WON SILVER SENIOR NATIONAL, WON GOLD UNIVERSITY ZONE 2 & ZONAL IN BOXING.

2. **SHIVAM VISHWAKARMA**:- WON GOLD MEDAL AT UNIVERSITY ZONE2 & ZONAL IN BOXING.

HE WAS ALSO A PARTICIPANT AT STATE LEVEL BOXING.

**RANJANA RAJBHAR**:- WON GOLD MEDAL AT UNIVERSITY ZONE2 & ZONAL IN BOXING.

SHE WAS ALSO A PARTICIPANT AT ALL INDIA

3. **ANITA GUPTA**:- WON GOLD MEDAL AT STATE, UNIVERSITY ZONE 2 & ZONAL.

WON SILVER MEDAL AT MINI OLYMPIC IN BOXING.

SHE WAS ALSO A PARTICIPANT AT NATIONAL & ALL INDIA LEVEL IN BOXING.

4. **JHANVI CHURI**:- WON GOLD MEDAL AT OPEN STATE, UNIVERSITY ZONE2 & ZONAL IN BOXING.

WON SILVER MEDAL AT ALL INDIA LEVEL IN BOXING.

SHE WAS ALSO A PARTICIPANT AT NATIONAL LEVEL BOXING.

5. **AMAN YADAV**:- WON GOLD MEDAL AT UNIVERSITY ZONE2 & ZONAL IN BOXING.

6. **PRADYUMN SHETTY**:- WON GOLD MEDAL AT UNIVERSITY ZONE2 & ZONAL IN BOXING.

7. **ARSHAN QURESHI**:- WON GOLD MEDAL AT UNIVERSITY ZONE2 & ZONAL IN BOXING.

8. **PRATHAMESH KHANDAGALE**: -WON GOLD MEDAL AT UNIVERSITY ZONE2

He won a Bronze medal in ZONALS IN BOXING.

9. **ROMI SINGH**:- WON GOLD MEDAL AT UNIVERSITY ZONE 2 & ZONAL(selection bout) IN BOXING.

10. **SRUSHTI GAWANDI**:- WON SILVER MEDAL AT UNIVERSITY ZONE2 LEVEL IN BOXING

WON BRONZE AT ZONAL LEVEL IN BOXING

11. **DEVANSHU JHA**:- WON SILVER MEDAL AT UNIVERSITY ZONE2 IN BOXING.

12. **ANIKET PATIL**:- WON BRONZE MEDAL AT UNIVERSITY ZONE 2 IN BOXING.

13. **PANKAJ PANDEY**:- WON BRONZE MEDAL AT UNIVERSITY ZONE 2 IN BOXING.

14. **SURAJ PAL**:- WON BRONZE MEDAL AT UNIVERSITY ZONE2 IN BOXING.

15. **ABHISHEK YADAV**:- WON BRONZE MEDAL AT UNIVERSITY ZONE2 IN BOXING.

### **CHESSBOXING :**

1. **Anchit Mishra**: Won a Bronze MEDAL in 4<sup>th</sup> World chessboxing Championship held in Antalya, Turkey.  
He also Won a Bronze Medal in 1<sup>ST</sup> World FIT CHESSBOXING Championship Held in Antalya, Turkey

2. **Ayush kandari** :- Won gold medal at India open world cup and national level.

### **BADMINTON:**

1. **ARJUN SURESH**:- WON GOLD MEDAL AT UNIVERSITY ZONAL IN BADMINTON.  
HE WAS ALSO A PARTICIPANT AT WEST ZONE BADMINTON.

2. **SARANSH GAJBHIYE**:- WON GOLD AT UNIVERSITY ZONAL IN BADMINTON.  
HE WAS ALSO A PARTICIPANT AT WEST ZONE BADMINTON.

3. **Viraj kuvale**:- WON SILVER MEDAL AT ALL INDIA LEVEL.  
WON GOLD MEDAL AT WEST ZONE , DISTRICT , STATE AND MAHARASHTRA OLYMPIC  
WON BRONZE MEDAL AT INTER DISTRICT AND NATIONAL LEVEL  
HE WAS ALSO A PARTICIPANT AT SENIOR NATIONAL LEVEL.

### **ATHLETICS :-**

### **RELAY:-**

1. **TANMAY PAWAR**:- WON GOLD MEDAL AT DISTRICT IN CROSS COUNTRY (8 KM).
2. **SHREYA ACHARYA**:- WON BRONZE MEDAL AT POISAR GYMKHANA & YMCA IN 100 mtr.  
WON GOLD MEDAL AT MUMB KVA & SILVER MEDAL AT INTER COLLEGE IN 100 mtr.  
WON GOLD MEDAL AT MUMBSI KVA & YPL IN 200 mtr.  
WON SILVER MEDAL AT POISAR GYMKHANA & INTER COLLEGE IN 200 MTR.  
WON GOLD MEDAL AT YPL IN RELAY.
3. **RAJ GUPTA**:-WON GOLD MAEDAL AT YPL IN RELAY.  
SILVER MEDAL AT UNIVERSITY ZONE 2 & INTER COLLEGE IN RELAY.  
ALSO WON BRONZE MEDAL AT UNIVERSITY ZONE 2.
4. **AMAN YADAV**:- WON GOLD MAEDAL AT YPL IN RELAY.  
WON SILVER MEDAL AT INTER COLLEGE & DISTRICT LEVEL IN RELAY.  
WON SILVER MEDAL IN 800 MTR.  
WON BRONZE MEDAL AT YMCA IN RELAY.  
WON BRONZE MEDAL AT UNIVERSITY ZONE 2 IN ATHLETIC.
5. **Akash singh** :- WON SILVER MEDAL AT DISTRICT and UNIVERSITY LEVEL IN RELAY.  
WON GOLD MEDAL AT DISTRICT LEVEL IN 100 mtr.  
WON GOLD MEDAL IN 200 mtr

### **SHOOTING:-**

1. **SWAYAM MARATHE** :- WON GOLD MEDAL AT BORIVALI MOHSTAV LEVEL IN RIFLE SHOOTING  
WON GOLD MEDAL AT STATE LEVEL IN RIFLE SHOOTING  
PARTICIPANT AT NATIONAL LEVEL

### **VOLLEYBALL:-**

1. **ANSH TRIPATHI** :- VOLLEYBALL PARTICIPANT AT YOUTH STATE LEVEL

2. **ADITYA BHARTI** :- TWO TIMES PARTICIPANT AT YOUTH STATE LEVEL IN VOLLEYBALL.WON SILVER MEDAL AT SR STATE LEVEL IN VOLLEYBALL.

3. **RAHUL NAULA**:- WON SILVER MEDAL AT UNIVERSITY ZONAL IN VOLLEYBALL.

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4. **AKASH YADAV00** :- WON GOLD MEDAL AT UNIVERSITY ZONAL IN VOLLEYBALL.0

- i.WON SILVER MEDAL AT SENIOR STATE LEVEL IN VOLLEYBALL.
- ii.HE WAS ALSO A PARTICIPANT AT YOUTH STATE & STATE LEVEL VOLLEYBALL.

5. **MASHOOQUE MD**:- WON GOLD MEDAL AT UNIVERSITY ZONAL IN VOLLEYBALL.

- i.HE WAS ALSO A PARTICIPANT AT ASHWAMEDH & WEST ZONE VOLLEYBALL TOURNAMENT.

## **MARTIAL ARTS**

### **HAND TO HAND**

#### **NATIONAL**

**SAQLAIN SHAIKH** :-*SILVER*

**BABITA YADAV** :- *Won a SILVER medal in National hand to hand combat*

**AMAAN MUGHAL**:-*Won a SILVER medal in National Hand to Hand Combat*

**ARCHANA SHARMA**:-*Won a Gold medal in National HAND TO HAND COMBAT*

**ALIYA ANSARI**:-*Won a GOLD medal in National hand to hand combat*

**KSHITIJ VADERTIL**:-*Won a GOLD medal in National hand to hand combat*

## **WUSHU**

- 1. Piyush guptaWON A Silver MEDAL IN district LEVEL WUSHU

2. Manas more WON A Gold MEDAL IN DISTRICT LEVEL Wushu

3. NEERAJ YADAV WON A Gold MEDAL IN DISTRICT LEVEL Wushu

WON A Silver MEDAL IN STATE olympic IN WUSHU

4. GAURAV CHANDEL WON A Gold MEDAL IN DISTRICT LEVEL Wushu

5. ARCHANA SHARMA WON A Silver MEDAL IN district LEVEL WUSHU

6. BABITA YADAV WON A Silver MEDAL IN district LEVEL WUSHU

7. SAQLAIN SHAIKH WON A Gold MEDAL IN DISTRICT LEVEL Wushu

### **WRESTLING UNIVERSITY ZONAL**

1. KAMTYA PAWAR OffYBSS Won gold medal in WRESTLINGUNIVERSITY Zone 2. He was also selected for ALL INDIA university. He was also SELECTED FOR NATIONALs

### **JUDO – UNIVERSITY ZONE 2**

1. SAQLAIN SHAIKH SILVER Medal In Mumbai University Zone 2  
ZONALS - BRONZE

2. ANIKET GUPTA of Mcom won a gold medal in Mumbai University zone 2

He also won a gold medal In the Zonals  
He was Also Selected for All India Inter University

3. RITESH GUPTA won a silver medal in Mumbai University Zone 2

He also Won a silver medal In Zonals  
He was selected for Jr nationals  
He was Selected for Senior Nationals

4. SHUBHAM RANA silver Medal in Mumbai University Zone 2

He also won a a bronze medal in Zonals  
He was selected for Jr Nationals and Secured a Gold medal in the same

5. SANIYA SHAIKH Gold Medal in Mumbai University Zone 2 (SELECTION TRIAL)

She also got a Bronze medal in ZONALS

6. DEEPA UPADHYAY silver Medal in Mumbai University Zone 2 (SELECTION TRIAL)

7. PURVA KAREKAR bronze Medal in Mumbai University Zone 2 (SELECTION TRIAL)

8. FATIMA SHAIKH bronze Medal in Mumbai University Zone 2

9. SHREERAJ NAIR bronze Medal in Mumbai University Zone 2

### **Taekwondo**

1. JIYA SEGHAL won a bronze medal FYBSS IN MUMBAI UNIVERSITY ZONE 2

2. GAURAV CHANDEL of FYBCOM won a silver medal in MUMBAI UNIVERSITY ZONE 2

3. NEERAJ YADAV of SYBCOM won a bronze medal in MUMBAI UNIVERSITY ZONE 2

### **Penchaksilat**

1. Piyush gupta Won a gold medal in Penchaksilat at district level

2. Manas more Won a gold medal at district level in penchaksilat

### **SELF DEFENSE:**

1. ANKUSH SINGH of TYBAF won GOLD MEDAL AT NATIONAL LEVEL SELF DEFENSE

2. ALIYA ANSARI WON A GOLD MEDAL AT NATIONAL LEVEL SELF DEFENSE

### **Weightlifting**

1. ASHOK KUMAR GUPTA of TYBCOM won a gold medal in WEIGHTLIFTING UNIVERSITY ZONE 2

2. GAURESH NARVEKAR of TYBBI won a silver medal in BODY BUILDING at Mumbai University Zone 2

He also won a gold medal in MUMBAI SHREE and Gold medal at STATE LEVEL

3. NIKHIL RANE OF MCOMWON GOLD MEDAL IN BODYBUILDING At Mumbai university zone 2 AND SILVER MEDAL IN ZONAL LEVEL

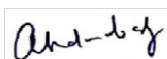
### **Carrom**

1. **Prathamesh kute** :- WON SILVER MEDAL AT ST.FRANCIS AND RD NATIONAL INTER COLLEGE TOURNAMENT

2. **Tatwajna Shetty** :- WON SILVER MEDAL AT ST.FRANCIS INTER COLLEGE TOURNAMENT

### **Hockey**

1. **Abhitha**:- WON SILVER MEDAL AT SAVIA 5 SIDE AND JOE FERNANDES. WON BRONZE MEDAL AT SNBP ALL INDIA LEVEL.



Dr. (Mrs.) C.T.Chakraborty

Principal,

Thakur College of Science & Commerce

This booklet is compiled to record all programs functioning under our Best Innovative practice 'TCSC SHAPE' for Internal reference only